



A big THANK YOU to the artists and musicians who are giving the Taste a special ambiance! They will all be set up along La Mesa Blvd. for everyone to discover and enjoy during the Taste of La Mesa Village.

## Meet the Artists

**Cappie Geis** #hapy\_cappy



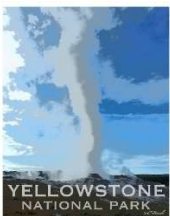
I am inspired by life.

My art may begin with just “putting paint on the canvas” or an inspiration from a trip or a walk around my neighborhood or a class that has inspired me to try something new.

Animals, figures and landscapes are some of my favorite subjects. I also love the abstract techniques and will always start a new piece with an interesting background or just continue with a completely abstract painting.

I hope my Art brings you joy and makes you smile.

**Chris Witnik**



[Witnikc@gmail.com](mailto:Witnikc@gmail.com)

Photographer and mixed media artist Chris Witnik’s award winning work has been exhibited in galleries from Chicago to San Diego and is part of numerous corporate collections. Her collection of work “Carnival” was featured at the San Diego International airport. Her creative expression encompasses hand-coloring black and white photographs with oils, urban images, and a new series of national park photos.

## Chrysanne Lowe



Instagram: @chrysan\_themumart, <https://chrysanthemum.godaddysites.com/>

Chrysanne Lowe is obsessed with watercolor and has shown her work locally in juried exhibitions; including The San Diego Watercolor Society, Porter Hall Foothills Art Association, The Mandell Weiss Gallery in Liberty Station, and the Inamori Pavilion at the Japanese Friendship Garden. In addition to fine art, she makes hand crafted cards and jewelry, available at the San Diego Museum of Art and Oceanside Museum of Art gift shops as well as the occasional local craft fair.

## Denise Pinnell



<http://www.instagram.com/denise.pinnell.7/>

I am an artist in the Spanish Village Art Centre in Balboa Park (Studio 34B) where I create nautical 3-Dimensional Steampunk Wall Art in polymer clay.

## Elle Arnot



Instagram: @elle\_arnot\_artist

Elle recently retired from a career teaching art to adults in the Grossmont Adult School community. Her art ranges from plein air landscapes to abstract figures and mixed media. Her art speaks of her inner love of life and willingness to share all the goodness in her life.

## Gabriel Stockton



Instagram: @gabriel\_stockton\_fine\_art

Gabriel is a brand ambassador for Daniel Smith, a fine art supply company. Gabriel paints plein air capturing the most beautiful spots in San Diego. He is often seen with his hand made wooden easel painting his bright colored, eye-catching watercolors. He enjoys sharing his knowledge, thoughts and feelings about painting in workshops, classrooms and paint outs.

## Katherine Kennedy



@katherinekennedystudio

Katherine Kennedy (she/her) is an emerging artist based in La Mesa who explores visual storytelling through acrylic and oil paints. Her work focuses on still life and genre painting, using a high-chroma palette to capture small moments of everyday life.

## Josh Shaffer



Instagram: @daiji\_fineart

As a self-taught abstract expressionist and Marine veteran, Joshua Shaffer creates bold, dynamic works defined by gestural brushstrokes and deep emotion. Through abstraction, he captures the essence of human experiences, inviting viewers to connect intuitively. Each piece serves as a visual language that sparks curiosity, evokes emotion, and lingers in the mind long after the initial encounter.

## Ken Roberts



San Diego Artist Ken Roberts has painted landscapes in southern California for over thirty years. His desire to paint and his love for the outdoors has inspired him to become a Landscape Artist.

## Kim Spinner



Instagram: @heartsofLaMesa

Hearts of La Mesa emerged from a desire to redefine love and connection. The journey began by crafting hearts from natural elements like leaves, flowers, rocks, unlocking a creative outlet that blossomed into something more.

## Michelle Montrose



Instagram: @michellemontrose

Facebook: Michelle Montrose Artwork

Michelle loves all kinds of art but specializes in painting local scenes in oils.

## Natasha Papousek



Instagram: @natashapapousek

Natasha's art explores ideas of nature, culture, and place, often highlighting the delicate balance between ecosystems and people. Through layered textures and vibrant colors, her work tells stories celebrating biodiversity and interconnectedness.

## Patricia Churchill



Instagram: @patriciacabezasm

As an artist, I explore the boundless realm of geometry and color through abstract painting and photography. Each piece is a dance of geometry—sharp angles, fluid curves, and intersecting lines—that harmonizes with a vibrant spectrum of colors.

## Roz Oserin



Instagram: @rozoserinfineart

Facebook: @rozfineart

As well as being an artist, Roz is also the co-owner of Nainsook Framing & Art. You can see her work at the Nainsook Gallery.

My work weaves evocative figurative imagery with inventive mixed media techniques, creating layers of symbolism that invite deep introspection. Each piece serves as a visual dialogue—merging bold forms with textured narratives—to explore the intricate interplay of identity, emotion, and transformation.

## **Rustin Holec**



Instagram: @creativexpressions

Facebook: @Rustin Holec Studio

www.creativexpressions.com

I paint primarily in oil and teach with acrylics, focusing primarily on fluid acrylic. My artwork is inspired from time spent outdoors, and although most of my art is oil based, I have also found a creative outlet combining fluid acrylic as a background and enhancing with imagery using oil.

## **Sara Duvall**



Instagram: @ceramics.by.sara

I'm a San Diego native, making ceramic and multimedia art. I also love teaching ceramics.

## **Michele Little**



Mixed Media interactive art. Michele enjoys creating art that has meaning like this interactive piece where interested parties may add to the design.

## **Tara Slatton**



Hand made ceramic art

# Meet the Musicians:

## Glenn Osga - Jazz Accordion



Artist & Musician

[www.glennieartist.com](http://www.glennieartist.com)

Glenn formed his first band in 1969 and hasn't stopped making music since then. His jazz accordion delighted hundreds at the San Diego Fair in 2024. He currently plays weekly Comedy Musical Improv shows at Finest City Improv in Hillcrest.

Art: Glenn paints primarily with acrylics doing landscapes, people and pet portraits, wildlife, and a specific focus on train art sold at the Train Store in Silverton Colorado.

## Those Guys – A Jazz Band featuring Bob Pinner and Frankie



We are a local duo who perform a variety of jazz standards, show tunes, pop songs, holiday favorites and other requests.

## McCrea Music Company



A trio of students from McCrea Music Company will provide musical performances.

## Tequila Haze



Tequila Haze is a musical jam group that has been gathering every Wednesday for the past ten years to engage in lively sessions fueled by tequila and love. For the last seven years, these sessions have taken place at the home of Mary, also known to many as Dr. Mimi, (guitar/vocals), and Nick Isaac (drums/harmonica/roadie extraordinaire). Jimmy Breeden (guitar/vocals) serves as barista as they enjoy energizing tequila shots and sing a wide range of genres, from pop to rock. Regular contributors include Peggy Lang (vocals), and Ermias Mesghenna (keyboardist).

## Jules Shaw – Folk/Pop



Instagram: @juliashawmusic

I'm Jules, I grew up in Vista but visited my Grandma often in La Mesa so it is close to my heart. I play a mix of folk, pop, and singer-songwriter covers as well as original music. I released my debut album, *Passing Through*, in March of 2023 and it is available on Spotify and Apple Music. Hope you enjoy!